



**DIANins Green**

While you are temporarily residing in the United States, there are requirements and instructions on how to maximize benefits and receive reimbursements for Prescription Medications, Medical claims, and other benefits covered under this Plan. There are also requirements for Pre-Authorization of specified medical care. Dedicated GBG Assist personnel are available to assist you.

- ***Using an In-Network medical Provider in the U.S. provides full reimbursement of eligible medical expenses after satisfying a Deductible and/or Copayment.*** See the section titled "Preferred Provider Network". For assistance with locating a Provider, you may contact GBG Assist.
- ***Pre-Authorization is a process for obtaining approval for specified non-emergency, medical procedures or treatments.*** Failure to Pre-Authorize when required will result in a reduction in payment by the Insurer. See the section titled, "Pre-Authorization Requirements and Procedures" for more complete details.
- ***Prescription Medication must be obtained from any CVS/Caremark pharmacy.*** Present your Medical Identification card to the pharmacist and a discount will be applied. Payment is due at the time of purchase. Follow the claims filing procedures for reimbursement per the benefits shown under the Schedule of Benefits. See the section titled, "How to File a Claim" for instructions on reimbursement. A list of participating pharmacies can be viewed at [www.gbg.com](http://www.gbg.com).
- ***Hospital Emergency Rooms*** should only be used in a Medical Emergency situation. A Medical Emergency situation is where your life or health is in jeopardy. Using an emergency room is very expensive. If you using an emergency room for convenience or for any reason other than a serious Medical Emergency, benefit will not be provided under this plan.

## How You Can Reach Us

### Customer Service, Pre-Authorization, and Help Locating a Provider (24/7)

➤ Worldwide Collect	+1.905.669.4920
➤ Inside USA/Canada Toll Free	+1.866.914.5333
➤ Email:	GBGAssist@gbg.com
➤ Website:	<a href="http://www.gbg.com">www.gbg.com</a>

We invite you to visit our Member Services Portal at [www.gbg.com](http://www.gbg.com) and register as a New Member. The Member Services Portal allows you to conveniently access our provider directory, download forms, submit claims, and utilize other valuable tools and services.

We look forward to providing you with this valuable insurance protection and outstanding service during your period of study.



# DIANins Green

## Table of Contents

SCHEDULE OF BENEFITS .....	4
1.0 GENERAL PROVISIONS .....	8
2.0 ELIGIBILITY.....	8
3.0 PREMIUM, CANCELLATION, AND PLAN PROVISIONS .....	10
4.0 GEOGRAPHIC AREAS OF COVERAGE .....	11
5.0 PRE-AUTHORIZATION REQUIREMENTS AND PROCEDURES .....	12
6.0 HOSPITALIZATION AND INPATIENT BENEFITS .....	13
7.0 OUTPATIENT BENEFITS .....	14
8.0 SURGICAL BENEFITS.....	14
9.0 EMERGENCIES.....	14
10.0 MATERNITY CARE .....	14
11.0 OTHER BENEFITS (INPATIENT/OUTPATIENT).....	15
12.0 ADDITIONAL BENEFITS .....	17
13.0 HOW TO FILE A CLAIM.....	17
14.0 COMPLAINTS PROCEDURE .....	19
15.0 NOTICE OF PRIVACY PRACTICES .....	21
16.0 EXCLUSIONS AND LIMITATIONS .....	22
17.0 DEFINITIONS .....	26
18.0 SUBSCRIPTION AGREEMENT .....	32
19.0 APPENDIX OF SPORTS AND OTHER ACTIVITIES .....	33

## SCHEDULE OF BENEFITS

The Schedule of Benefits is a summary outline of the benefits covered under this insurance plan. All benefits described are subject to the definitions, exclusions and provisions. The following benefits are subject to the Plan Participant's Deductible, Copayment, and Coinsurance amount. After satisfaction of the Deductible and applicable Copayments, the Insurer will pay eligible benefits set forth in this Schedule at the specified Plan Coinsurance and Reimbursement Level.

### GENERAL FEATURES AND PLAN SPECIFICATIONS

<b>U.S. Provider Network</b>	Aetna
<b>Area of Coverage</b>	Worldwide, Excluding Home Country
<b>Home Country Coverage</b>	Excluded
<b>Maximum Benefit Payable per Period of Insurance</b>	\$500,000 per Injury/Illness
<b>Lifetime Maximum</b>	Unlimited
<b>Individual Deductible<sup>1</sup></b> <ul style="list-style-type: none"> <li>In-Network Provider</li> <li>Out-of-Network Provider</li> <li>Family is 2x Individual</li> </ul>	\$90 \$400
<b>Office Visit Copayment<sup>2</sup></b> <ul style="list-style-type: none"> <li>Student Health Center</li> <li>Primary Care Physician / Specialist Physician</li> <li>Urgent Care</li> </ul>	\$15 \$30 \$30
<b>Hospital Copayment<sup>2</sup></b>	\$250 per Admission
<b>Emergency Room Copayment<sup>2</sup></b> (waived if admitted)	\$250 per Occurrence
<b>Out-of-Pocket-Maximum<sup>3</sup></b> <ul style="list-style-type: none"> <li>Family is 2x individual</li> </ul>	\$2,000 In-Network (excluding Deductible) Unlimited if an Out-of-Network Provider in the U.S. is used

<sup>1</sup> The Deductible for In-Network does not accrue towards the Out-of-Network Deductible.

<sup>2</sup> Copayments do not apply to the Deductible or the Out-of-Pocket Maximum.

<sup>3</sup> The Deductible does not apply to the Out-of-Pocket Maximum.

**COVERED SERVICES AND BENEFIT LEVELS**

Subject to Deductible, Coinsurance, Copayment, and Maximum Benefit per Period of Insurance.

**WHAT THE INSURANCE PLAN COVERS**

The following Coinsurance applies for In-Network Providers in the U. S. or for expenses incurred outside the U.S. (if available). Coinurance reduces to 70% UCR when Out-of-Network Providers in the U.S. are used.

**HOSPITALIZATION AND INPATIENT BENEFITS**
**Accommodations including semi-private room**

- \$250 Copayment per Admission

80% Preferred Allowance

**Intensive Care/Cardiac Care**

80% Preferred Allowance

**Inpatient Consultation by a Physician or Specialist**

80% Preferred Allowance

**Diagnostic Testing and Hospital Miscellaneous Expenses**

80% Preferred Allowance

**Pre-Admission Testing**

80% Preferred Allowance

**OUTPATIENT BENEFITS**
**Physician Visit/Consultation by Specialist**

- \$15 Copayment/Student health center
- \$30 Copayment/Primary Care or Specialist
- \$30 Copayment/Urgent Care

80% Preferred Allowance

**Diagnostic Testing**

- X-Ray and Laboratory
- MRI, PET, and CT Scans
- Office visit Copayment applies when testing is done outside an office visit

80% Preferred Allowance

**SURGICAL BENEFITS (INPATIENT/OUTPATIENT)**
**Inpatient, Outpatient, or Ambulatory Surgery**
**Includes:**

- Surgeon's Fees
- Assistant Surgeon and Anesthesiologist
- Facility fees
- Laboratory tests
- Medications and dressings
- Other medical services and supplies

80% Preferred Allowance

**EMERGENCIES**
**Emergency Room and Medical Services**

- \$250 Copayment waived, if admitted
- Non-emergency use of the emergency room is **Not Covered**

80% Preferred Allowance

**Ambulance Services**

- Emergency Local Ground Ambulance

80% Preferred Allowance

**Emergency Dental**

- Limited to accidental Injury of sound natural teeth sustained while covered

80% Preferred Allowance

**COVERED SERVICES AND BENEFIT LEVELS**

Subject to Deductible, Coinsurance, Copayment, and Maximum Benefit per Period of Insurance.

**WHAT THE INSURANCE PLAN COVERS**

The following Coinsurance applies for In-Network Providers in the U. S. or for expenses incurred outside the U.S. (if available). Coinurance reduces to 70% UCR when Out-of-Network Providers in the U.S. are used.

**MATERNITY CARE**

**Normal Delivery** or Medically Necessary C-Section, prenatal, postnatal care and complications of pregnancy 80% Preferred Allowance

**OTHER BENEFITS (OUTPATIENT/INPATIENT)**

**Mental Health** 80% Preferred Allowance  
 • To treat a covered diagnosis

**Alcohol and Substance Abuse** 80% Preferred Allowance  
 • Office visit Copayment applies

**Therapeutic Termination of Pregnancy** 80% Preferred Allowance

**Chemotherapy and Radiotherapy** 80% Preferred Allowance

**Physical Therapy** 80% Preferred Allowance  
 • Office visit Copayment applies

**Diabetic Medical Supplies** 80% Preferred Allowance  
 • Includes insulin pumps and associated supplies up to \$7,500

**Durable Medical Equipment** 80% Preferred Allowance  
 • Reimbursement of rental up to the purchase price

**Acquired Immunodeficiency Syndrome (AIDS) Human Immunodeficiency Virus (HIV+), AIDS Related Complex (ARC), Sexually transmitted diseases and all related conditions** 80% Preferred Allowance  
 • Office visit Copayment applies

**Prescription Medications** 80% of Charges  
 • Up to 31-day supply per prescription  
 • CVS/Caremark network pharmacy is required

**Motor Vehicle Accident** 80% Preferred Allowance  
 • Injuries caused by Accident  
 • Office visit Copayment applies

**Sports and other Activities** 80% Preferred Allowance  
 • Injuries arising from leisure sports and activities

**COVERED SERVICES AND BENEFIT LEVELS**

Subject to Deductible, Coinsurance, Copayment, and Maximum Benefit per Period of Insurance.

**WHAT THE INSURANCE PLAN COVERS**

The following Coinsurance applies for In-Network Providers in the U. S. or for expenses incurred outside the U.S. (if available). Coinurance reduces to 70% UCR when Out-of-Network Providers in the U.S. are used.

**ADDITIONAL BENEFITS**

**Medical Evacuation/Repatriation**

100%

**Return of Mortal Remains**

100%

**War and Terrorism**

Included

**Property and Liability Coverage**

Please see attached brochure for further details

## 1.0 GENERAL PROVISIONS

The **Policyholder** is the International Benefit Trust, hereinafter shall be referred to as the "Trust".

The **Insurer**, the second party, GBG Insurance Limited, hereinafter shall be referred to, sometimes collectively, as the "Insurer", "We" "Us", or "Company".

The declarations of the Plan Participant and eligible Dependents in the application serve as the basis for participation in the Trust. If any information is incorrect or incomplete, or if any information has been omitted, the insurance coverage may be rescinded or terminated. Any references in this Certificate to the Plan Participant and his Dependents that are expressed in the masculine gender shall be interpreted as including the feminine gender whenever appropriate.

No change may be made to this Certificate unless it is approved by an Officer of the Insurer. A change will be valid only if made by a Rider signed by an Officer of the Insurer. No agent or other person may change this Certificate or waiver any of its provisions.

This GBG Insurance Limited Plan is an international health insurance Policy issued to the Trust. This insurance shall be governed by the Laws of England and Wales and subject to the exclusive Jurisdiction of the courts of England and Wales, and the Plan Participant should be aware that laws governing the terms, conditions, benefits and limitations in health insurance policies issued and delivered in other countries including the United States are not applicable. If any dispute arises as to the interpretation of this document, the English version shall be deemed to be conclusive and taking precedence over any other language version of this document. GBG Insurance Limited is an insurance company incorporated in Guernsey with registration number 42729 and licensed by the Guernsey Financial Services Commission to conduct insurance business under the Insurance Business (Bailiwick of Guernsey) Law, 2002 as amended.

In the event of any conflict between the Master Policy and the Schedule of Benefits, the Schedule of Benefits will govern.

## 2.0 ELIGIBILITY

### 2.1 Eligible Classes

International full-time students (as defined by the educational institution) enrolled in an associate, bachelor, master, or Ph.D. program at a university or other recognized higher education institution outside of their Home Country. The full-time requirement is waived for summer if the student was enrolled in this Plan as a full-time student in the immediately preceding spring term. Home study, correspondence, and online courses do not fulfill the eligibility requirements that the student actively attend class.

Students must actively attend classes. The Insurer has the right to investigate eligibility status and attendance records to verify eligibility requirements are met. If it is discovered the eligibility requirements are not met, the insurance coverage will be terminated.

### 2.2 Persons Eligible to be a Plan Participant

Plan Participants are those persons described as an Eligible Class.

- Minimum age is 12 years and maximum is 40 years,
- Student must have a current passport and be travelling outside their Home Country.
- Student must have a valid F1 or M visa. F1 visa holder on OPT are not eligible.
- Student must be an Undergraduate or a Graduate, registered and attending classes on a full-time basis.

Students who are United States citizens living in the United States are not eligible for coverage.

## 2.3 Eligible Dependents

Coverage can be extended to the following family members who are travelling with the student. Insured Dependents may include:

- The spouse or domestic partner up to age 40,
- Dependent children up to age 26, if single. Dependent children include the Plan Participant's natural children, legally adopted children, and step children.

Dependents who are United States citizens living in the United States are not eligible for coverage.

## 2.4 Application and Effective Date

The Plan Participant's coverage becomes effective on the Effective Date shown on the Face Page. Coverage under the plan ends on the earlier of:

- On the expiration date of the insurance coverage. However, if a Plan Participant's return is delayed due to unforeseeable circumstances beyond their control, the insurance coverage will be extended until such trip can be completed, but no later than seven days from the original insurance coverage expiration, or
- If medical evacuation was necessary, upon the Plan Participant's evacuation to the Home Country.
- Termination of coverage of the Plan Participant also terminates coverage for Dependents.

Note: The minimum period of insurance must be the entire duration the Plan Participant actively attends classes. Eligible individuals may enroll onto the plan no earlier than 30 days prior to the start of their classes, and terminate coverage no later than 30 days after classes have ended (See Extended Coverage).

## 2.5 Pre-Existing Conditions Limitations

This Plan provides coverage for Pre-Existing Conditions on the following basis:

- Student: Pre-Existing Conditions are covered upon satisfaction of a 180-day Waiting Period.
- Dependent spouse and children: Pre-Existing are covered upon satisfaction of a 24-month Waiting Period.

## 2.6 Addition of a Newborn Baby or Legally Adopted Child

### ***Born Under a Pregnancy Covered by the Maternity Benefit or Adopted as of the Date of Birth:***

Newborn babies will be covered as a Dependent, for full coverage according to the terms of the Policy, regardless of medical status from the date of birth provided:

- Written notification is made to the Insurer within 31 days of the date of birth, or in the case of an adopted child, a copy of the legal adoption papers is required. The newborn child shall be accepted from the date of birth
- The newborn baby will be enrolled for the same coverage as the Plan Participant.

Any request received beyond the 31-day notification period shall result in coverage only being effective from the date of notification and provisional coverage will be applied for the first 31 days of life, up to a \$5,000 maximum. Coverage is not guaranteed and is subject to submission of a medical statement.

***Born When a Plan Participant is Not Covered by the Maternity Benefit:*** Newborn babies, that are born and the Plan Participant is not covered by the maternity benefit under this plan, may be covered subject to the following:

- The Plan Participant will provide written notification to the Insurer (Official Copy of Birth Certificate), and
- A health statement must be submitted detailing the medical history of the child,
- Coverage will become effective as of the date of notification, provided the Insurer has approved the health statement, Coverage is not guaranteed and is based upon the health of the newborn baby,
- Any applicable Pre-Existing Condition limitation will apply.

## 2.7 Addition of a Legally Adopted Child after the Date of Birth

A child adopted after the date of birth may be covered providing the following applies:

- The child must be up to 19 years old, and
- The Plan Participant will provide written notification to the Insurer (an official copy of the legal adoption papers is required with the notification), and
- A health statement must be submitted detailing the medical history of the child.

Coverage will be contingent based upon the terms and conditions of the plan. Additionally,

- Coverage will become effective as of the date of notification, and
- Any applicable Pre-Existing Condition limitation will apply.

## 2.8 Extended Coverage

The Extended Coverage benefit is available to newly enrolled students who arrive in the United States prior to the beginning of the first term of study in the United States, or Plan Participants who have completed their final term of study in the United States and are preparing to return to the Home Country. The Extended Coverage benefit provides up to 30 days of additional coverage.

Extended Coverage does not apply to Plan Participants who are continuing their studies or returning to studies in the United States whether at the same or different institutions.

### ***Newly-Enrolled and Arriving Students***

In order to be eligible for the Extended Coverage Benefit and before any benefits will be paid:

1. A newly-enrolled and arriving student must have enrolled in full-time studies at the higher education institution, and
2. All premiums must be paid.

Coverage under the Extended Coverage Benefit will become effective on the later of:

1. 30 days prior to the beginning of the term, or, if later,
2. On the first day the qualifying, newly-enrolled and arriving student arrives in the United States.

### ***Students Concluding their Studies***

A Plan Participant may extend coverage for a maximum of 30 days while remaining in the United States following graduation or completion of an educational program. To be eligible for the Extended Coverage benefit and before any benefits will be paid:

1. The Insurer must receive the request for Extended Coverage prior to the termination of the Plan Participant's coverage, and
2. All premiums must be paid.

Coverage under the Extended Coverage Benefit will terminate on the earlier of:

1. 30 days following the Plan Participant's graduation or completion of an educational program, or
2. The date of departure from the United States.

Dependents of Plan Participants who are covered under the Extended Coverage benefit may also continue coverage under the same terms and conditions as the Plan Participant.

## 3.0 PREMIUM, CANCELLATION, AND PLAN PROVISIONS

### 3.1 Premium Payment

All Premiums are payable before coverage is provided.

### 3.2 Cancellation

While the Insurer shall not cancel this plan because of eligible claims made by a Plan Participant, it may at any time terminate a Plan Participant, or modify coverage to different terms, if the Plan Participant has at any time:

- Misled the Insurer by misstatement or concealment,
- Knowingly claimed benefits for any purpose other than are provided for under this Plan,
- Agreed to any attempt by a third party to obtain an unreasonable pecuniary advantage to the Insurer's detriment, and
- Failed to observe the terms and conditions of this Plan, or failed to act with utmost good faith.

If the Plan Participant cancels the insurance coverage after it has been issued, or reinstated the Insurer will not refund the unearned portion of the Premium.

### 3.3 Rate Modifications

The insurance coverage term begins on the Effective Date as shown on the Face Page and ends at midnight on the date shown , but no longer than 365 days later. The coverage is not subject to guaranteed issuance or renewal.

### 3.4 Duration of Coverage

Benefits are paid to the extent that a Plan Participant receives any of the treatments covered under the Schedule of Benefits following the Effective Date, including any additional Waiting Periods and up to the date such individual no longer meets the definition of Plan Participant, or their last date of coverage as listed on the Face Page.

### 3.5 Compliance with the Plan Terms

The Insurer's liability will be conditional upon each Plan Participant complying with its terms and conditions.

### 3.6 Fraudulent/Unfounded Claims

If any claim is in any respect fraudulent or unfounded, all benefits paid and/or payable in relation to that claim shall be forfeited and, if appropriate, recoverable.

### 3.7 Waiver

Waiver by the Insurer of any term or condition will not prevent us from relying on such term or condition thereafter.

### 3.8 Denial of Liability

Neither the Insurer nor the Policyholder is responsible for the quality of care received from any institution or individual. This insurance coverage does not give the Plan Participant any claim, right or cause of action against the Insurer or Policyholder based on an act of omission or commission of a Hospital, Physician or other provider of care or service.

## 4.0 GEOGRAPHIC AREAS OF COVERAGE

### 4.1 Areas of Coverage

The plan is written on a Worldwide basis, excluding the Home Country.

### 4.2 Preferred Provider Network

The Insurer maintains a Preferred Provider Network both within and outside the United States.

#### **United States only:**

- **In-Network Preferred Provider:** This tier consists of all Providers as well as other preferred Providers designated by the Insurer and listed on the website. In-Network Providers have agreed to accept a Preferred

Allowance as payment in full. The Medical Identification Card contains the logo for the network. Present it to the Physician or Hospital.

- **Out-of-Network Provider:** Utilizing Providers that are Out-of-Network is a more costly financial option for the Plan Participant. The Insurer reimburses such Providers up to an Allowable Charge as determined by the Insurer. The Provider may bill the Plan Participant the difference between the amounts reimbursed by the Insurer and the Provider's billed charge. Additionally, the Plan Participant will pay a Coinsurance amount that is higher than if an In-Network Provider were used.
- **Out-of-Network Area:** When there are no network Providers located within a 30-mile radius of your local residence, charges from such Providers will be treated the same as a U.S. In-Network Preferred Provider.

**All other Countries:** If your Plan provides benefits outside the U.S., then the Plan Participant may utilize any licensed Provider. However, we suggest the Plan Participant contact GBG Assist to locate a Provider with a direct billing arrangement with the Insurer.

The Insurer retains the right to limit or prohibit the use of Providers which significantly exceed Allowable Charges.

## 5.0 PRE-AUTHORIZATION REQUIREMENTS AND PROCEDURES

Pre-Authorization is a process by which a Plan Participant obtains approval for certain medical procedures or treatments prior to the commencement of the proposed medical treatment. This requires the submission of a completed Pre-Authorization Request form to GBG Assist a minimum of five business days prior to the scheduled procedure or treatment date.

The following services require Pre-Authorization:

- Any Hospitalization;
- Outpatient or Ambulatory Surgery;
- All Cancer Treatment (Including Chemotherapy and Radiation);
- Prescription medications in excess of \$3,000 per refill; and
- Medical Evacuation/Repatriation involving Air Ambulance;
- Any condition, which does not meet the above criteria, but are expected to accumulate over \$10,000 of medical treatment per Period of Insurance.

Either you, your doctor, or your representative must call the number listed on the back of the Medical Identification Card to obtain Pre-Authorization and verification of Network utilization. Prior to the performance of services a letter of authorization will be provided.

Medical Emergency Pre-Authorizations must be received no later than 48 hours after the admission or procedure. In instances of an emergency, you should go to the nearest Hospital or Provider for assistance even if that Hospital or Provider is not part of the Network.

Failure to obtain Pre-Authorization will result in a 30% reduction in payment of covered expenses. Any such penalty will apply to the entire episode of care and does not apply to the Out-of-Pocket Maximum. If treatment would not have been approved by the Pre-Authorization process, all related claims will be denied.

Pre-Authorization approval does not guarantee payment of a claim in full, as additional Copayments and Out-of-Pocket expenses may apply. Benefits payable under the plan are still subject to eligibility at the time charges are actually incurred, and to all other terms, limitations, and exclusions of the plan.

In the event of an emergency that requires **medical evacuation**, contact GBG Assist in advance in order to approve and arrange such emergency medical air transportation. GBG Assist, on behalf of the Insurer, retains the right to decide the medical facility to which the Plan Participant shall be transported. Approved medical evacuations will

only be to the nearest medical facility capable of providing the necessary medical treatment. If the person chooses not to be treated at the facility and location arranged by GBG Assist, then transportation expenses shall be the responsibility of the Plan Participant. Failure to arrange transportation as indicated will result in non-payment of transportation costs.

**THE FOLLOWING PROVIDES AN EXPLANATION OF THE BENEFITS OFFERED BY THE INSURER. PLEASE REFER TO THE SCHEDULE OF BENEFITS FOR THE SPECIFIC BENEFITS COVERED UNDER THIS PLAN OF INSURANCE.**

## 6.0 HOSPITALIZATION AND INPATIENT BENEFITS

### 6.1 Accommodations

Benefits are provided for room and board, special diets, and general nursing care. All charges more than the allowable semi-private room rate are the responsibility of the Insured.

Benefits are also provided for treatment in the Intensive Care or Coronary Care Unit if it is the most appropriate place for the Insured to be treated, the care provided is an essential part of the Insured's treatment, and the care provided is routinely required by patients suffering from the same type of Illness or Injury or receiving the same type of treatment.

The Insurer will pay costs if:

- Treatment is Medically Necessary for the Plan Participant to be treated on an Inpatient or Daycare basis,
- The stay in the Hospital is for a medically appropriate period of time, and
- The treatment received is provided or managed by a Physician or specialist

Inpatient hospital confinements primarily for purposes of receiving non-acute, long term custodial care, respite care, chronic maintenance care, or assistance with Activities of Daily Living (ADL), are not eligible expenses.

### 6.2 Medical Treatment, medicines, laboratory, diagnostic tests, and ancillary services

Benefits are provided for Medically Necessary diagnosis and treatment of the Illness or Injury for which a Plan Participant is hospitalized, the following services are also covered:

- Blood transfusions, blood plasma, blood plasma expanders, and all related testing, components, equipment and services,
- Laboratory testing,
- Durable medical equipment,
- Diagnostic X-ray examinations,
- Radiation therapy,
- Respiratory therapy, and
- Chemotherapy.

### 6.3 Inpatient Consultation by a Physician or Specialist

Benefits are provided for the reimbursement of one Physician visit per day while the Plan Participant is a patient in a Hospital or approved Extended Care Facility. Visits that are part of normal preoperative and postoperative care are covered under the surgical fee and Insurer will not pay separate charges for such care. If Medically Necessary, the Insurer may elect to pay more than one visit of different Physicians on the same day if the Physicians are of different specialties. The Insurer will require submission of records and other documentation of the Medical Necessity for the intensive services.

## **7.0 OUTPATIENT BENEFITS**

### **7.1 Physician Visits**

Benefits are provided for medical visits to a Physician, in the Physician's office, if Medically Necessary. Benefits are limited to one visit per day per Plan Participant. The Insurer may elect to pay more than one visit to different Physicians on the same day if the Physicians are of different specialties.

### **7.2 Outpatient Diagnostic Testing**

Benefits are provided for diagnostic testing including echocardiography, ultrasound, MRI, and other specialized testing, to diagnose an Illness or Injury.

## **8.0 SURGICAL BENEFITS**

### **8.1 Surgical Services**

Benefits are provided for covered surgical services received in a Hospital, a Physician's office or other approved facility. Surgical services include: use of operation room and recovery room, operative and cutting-procedures, treatment of fractures and dislocations, surgical dressings, and other Medically Necessary services.

### **8.2 Anesthesia Services**

Benefits are provided for the service of an anesthesiologist, other than the operating surgeon or assistant, who administers anesthesia for a covered surgical or obstetrical procedure.

## **9.0 EMERGENCIES**

### **9.1 Emergency Room**

Benefits are provided for a Medical Emergency when incurred in a Hospital's emergency room. The Insurer retains the right to deem a true Medical Emergency. Admission to the Hospital is not required for benefit consideration. Within the United States, use of the emergency room for non-emergency services may result in higher Out-of-Pocket costs to the Insured Person.

### **9.2 Emergency Ground Ambulance Services**

Benefits are provided for Medically Necessary emergency ground ambulance transportation to the nearest Hospital able to provide the required level of care. The use of ambulance services for the convenience of the Plan Participant will not be considered a covered service.

### **9.3 Emergency Dental**

Benefits are provided for Emergency Dental treatment and restoration of sound natural teeth required as a result of an Accident. All treatment must begin within 72 hours of the Accident. Routine dental treatment is not covered under this benefit.

## **10.0 MATERNITY CARE**

*The following maternity benefits are covered and are applicable to any condition related to pregnancy, including but not limited to childbirth, prenatal, miscarriage, premature birth, and complications of pregnancy. For a pregnancy related to a dependent spouse, conception must occur at least 10-months after the Effective Date for the pregnancy to be covered. Fertility/infertility services, tests, treatments, medications, and/or procedures, complications of that pregnancy, delivery and postpartum care are excluded from coverage. The following benefits are only available to the Plan Participant or Spouse.*

## 10.1 Physician and Obstetrical Services

Benefits are provided for the following maternity related benefits:

- Obstetrical and other services rendered in a licensed Hospital or approved birthing center, including anesthesia, delivery, Medically Necessary C-section, prenatal and postnatal care for any condition related to pregnancy, including but not limited to childbirth and miscarriage. Elective C-sections are not covered,
- All prenatal and postnatal Physician's office visits, laboratory and diagnostic testing,
- Prenatal vitamins are covered during the term of the pregnancy only, if prescribed by a Physician.

## 10.2 Newborn Infant Care Services

Benefits are provided for hospital nursery services and medical care provided by the attending Physician for newborn infants in the Hospital are covered. Charges for Hospital nursery services and professional services for the newborn infant are covered separately from the mother's Maternity benefits and are subject to satisfaction of the Individual Deductible and Coinsurance. Refer to Addition of a Newborn Baby.

# 11.0 OTHER BENEFITS (INPATIENT/OUTPATIENT)

## 11.1 Mental Health Benefits

Benefits are provided for psychotherapeutic treatment and psychiatric counseling and treatment for an approved psychiatric diagnosis. Benefits are for both Inpatient mental health treatment in a Hospital or approved facility and for Outpatient mental health treatment. A Physician or a licensed clinical psychologist must provide all mental health care services.

Services include but are not limited to: treatment for Bulimia, Anorexia, Bereavement, Attention Deficit Disorder (ADD), and Attention-Deficit Hyperactivity Disorder (ADHD). The following services do not meet the criteria established by the Insurer for consideration under this benefit:

- Services for conditions not determined by the Insurer as to be emotional or personality illnesses, or
- Psychiatric services extending beyond the period necessary for evaluation and diagnosis of mental deficiency or retardation, or
- Services for mental disorders or illness which are not amenable to favorable modification.

## 11.2 Alcohol and Substance Abuse

Benefits are provided for inpatient and outpatient services including diagnosis, counseling, and other medical treatment rendered in a Physician's office or by an outpatient treatment department of a Hospital, community mental health facility or alcoholism treatment facility, so long as the facility is approved by the Joint Commission on the Accreditation of Hospitals or certified by the Department of Health. The services must be legally performed by or under the clinical supervision of a licensed Physician or a licensed psychologist who certifies that the Plan Participant needs to continue such treatment.

## 11.3 Physical Therapy

Benefits are provided for Medically Necessary physical therapy services rendered to a Plan Participant as an outpatient of a Hospital, Provider's office, or approved independent facility. Services must be pursuant to a Physician's written treatment Plan, which contains short and long term treatment goals and is provided to the Insurer for review. The following services must either:

- Produce significant improvement in the Plan Participant's condition in a reasonable and predictable period of time, and
- Be of such a level of complexity and sophistication, and the condition of the patient must be such that the required therapy can safely and effectively be performed, or
- Be necessary to the establishment of an effective maintenance program.

### 11.4 Diabetic Medical Supplies

Benefits are provided for certain diabetic supplies including insulin pumps and associated supplies.

### 11.5 Durable Medical Equipment

Benefits are provided for items which are designed for and able to withstand repeated use by more than one person and customarily serve a medical purpose. Such equipment includes but is not limited to, wheelchairs, Hospital beds, respirators, and dialysis machines. Such Durable Medical Equipment (DME) must be:

- Prescribed by a Physician,
- Customarily and generally useful to a person only during an Illness or Injury,
- Equipment must be appropriate for use in the home and are not disposable, and
- Determined by the Insurer to be Medically Necessary and appropriate.

Allowable rental fee of the Durable Medical Equipment must not exceed the purchase price. Charges for repairs or replacement of artificial devices or other Durable Medical Equipment originally obtained under this Plan will be paid at 50% of the allowable reasonable and customary amount.

Some items not covered under Durable Medical Equipment include but are not limited to the following:

- Comfort items such as telephone arms and over bed tables, or
- Items used to alter air quality or temperature such as air conditioners, humidifiers, dehumidifiers, and purifiers, or
- Miscellaneous items such as exercise equipment, heat lamps, heating pads, toilet seats, bathtub seats, or
- The customizing of any vehicle, bathroom facility, or residential facility.

### 11.6 HIV/AIDS

Benefits are provided for Medically Necessary, non-experimental services, supplies and medications for the treatment of Acquired Immunodeficiency Syndrome (AIDS), Human Immunodeficiency Virus (HIV+), AIDS Related Complex (ARC), sexually transmitted diseases and all related conditions.

### 11.7 Prescription Medications

Benefits are provided for medications which are prescribed by a Physician and which would not be available without such Prescription. Certain treatments and medications, such as vitamins, herbs, aspirin, cold remedies, medicines, experimental and/or investigational medications, or supplies, even when recommended by a Physician, do not qualify as Prescription Medications. Any medication that is not scientifically or medically recognized for a specific diagnosis or that is considered as off label use, experimental, or not generally accepted for use will not covered, even if a Physician prescribes it.

### 11.8 Motor Vehicle Accident

Benefits are provided for injuries sustained in a motor vehicle accident in accordance with the benefits shown in the Schedule of Benefits.

### 11.9 Sports and other Activities

Benefits are provided for **leisure sports or activities** meaning such activities that are for relaxation or fun, do not require any special training, and do not heighten the risk of Injury or death to an individual. Examples of such covered activities include but are not limited to: kayaking, snorkeling, paddle boarding, sailing, white water rafting levels 1-3, and scuba diving up to 15 meters.

This plan does not cover **hazardous or extreme sports or activities, intramural, club sports, professional sports, interscholastic, and intercollegiate activities.**

## 12.0 ADDITIONAL BENEFITS

### 12.1 Medical Evacuation/Repatriation

In the event of an Emergency that requires **medical evacuation**, contact GBG Assist in advance in order to approve and arrange such emergency medical air transportation. GBG Assist, on behalf of the Insurer, retains the right to decide the medical facility to which the Plan Participant shall be transported. Approved medical evacuations will only be to the nearest medical facility capable of providing the necessary medical treatment. If the Plan Participant chooses not to be treated at the facility and location arranged by GBG Assist, then transportation expenses shall be the responsibility of the Plan Participant. Failure to arrange transportation as indicated will result in non-payment of transportation costs. The cost of a person accompanying a Plan Participant is covered under this Policy, with expenses subject to pre-approval by GBG Assist.

**Sea and Offshore Evacuation:** If a Plan Participant is Injured or becomes ill at sea (i.e. cruises, yachting, etc.), the Insurer will not consider any benefit until the Plan Participant is on land. This means any costs involved from an evacuation from sea to land will not be considered under this Plan. Once on land, this Plan will cover medical costs and further evacuation, according to the insurance coverage and terms. If a Plan Participant is at sea, the Insurer would request the Plan Participants are evacuated by sea rescue to a country within their purchased Area of Coverage, where circumstances allow.

**Medical Repatriation:** If a Plan Participant can no longer meet the Eligibility requirements due to medical reasons, GBG Assist will make the determination if Medical Repatriation to the Home Country is necessary. GBG Assist will coordinate return to the Home Country. If the Plan Participant refuses Repatriation, the Plan will be terminated for failure to meet Eligibility requirements.

### 12.2 Return of Mortal Remains

Benefits are provided for either repatriation of mortal remains, or local burial is included. This benefit excludes fees for return of personal effects, religious or secular memorial services, clergymen, flowers, music, announcements, guest expenses and similar personal burial preferences. The necessary clearances for the return of a Plan Participant's mortal remains by air transport to the Home Country will be coordinated by GBG Assist.

### 12.3 War and Terrorism

Benefits are provided for bodily Injury directly or indirectly caused by, or resulting from certain acts of War and Terrorism, provided the Plan Participant is not an active participant, or in training for in such activities. This benefit considers the following activities, excluding the use of nuclear, chemical, or biological weapons of mass destruction.

1. War, hostilities or warlike operations (whether war be declared or not),
2. Invasion,
3. Act of an enemy foreign to the nationality of the Plan Participant or the country in, or over, which the act occurs,
4. Civil war, riot, rebellion, overthrow of the legally constituted government,
5. Military or usurped power,
6. Explosions of war weapons,
7. Murder or assault subsequently proved beyond reasonable doubt to have been the act of agents of a state foreign to the nationality of the Plan Participant whether war be declared with that state or not,
8. Terrorist activity.

## 13.0 HOW TO FILE A CLAIM

Claims must be filed within **180 days** of treatment to be eligible for reimbursement of covered expenses. Claim forms should be submitted only when the medical service provider does not bill the Insurer directly, and when you have Out-of-Pocket expenses to submit for reimbursement. All claims worldwide are subject to Usual, Customary,

and Reasonable charges as determined by GBG and are processed in the order in which they are received. In order for claims payment to be made, claims must be submitted in a form acceptable to Insurer.

### 13.1 Medical and Prescription Claims

To file your claim, submit it online at [www.gbg.com](http://www.gbg.com). Log into the Member Area and select Submit Claim, and then follow the instructions to complete the online claim form. If you are unable to submit your claim electronically, you can mail or fax your completed claim form and copies of supporting documentation. After submitting the claim, you will receive a claim reference number and an electronic receipt for the claim will be sent to you by email.

Claims may be submitted to the Insurer directly by the Provider or Facility. The Insurer will process the claim according to the Schedule of Benefits and plan terms, and remit payment to the health care provider. Ineligible charges or those in excess of the Allowable Charges will be the responsibility of the Plan Participant. If the Plan Participant has paid the health care provider, the Plan Participant will submit the claim form along with the original paid receipts directly to the Insurer. Photocopies will not be accepted unless the Claim is submitted electronically. The Insurer will reimburse the Plan Participant directly according to the Schedule of Benefits and plan terms.

Submit claims by:

<b>Web:</b>	<b>Mail:</b>	<b>Fax:</b>	<b>Email:</b>
<a href="http://www.gbg.com">www.gbg.com</a>	GBG Administrative Services 27422 Portola Parkway Suite 110 Foothill Ranch, CA 92610 USA	+1 949 271 2330	<a href="mailto:eclaims@gbg.com">eclaims@gbg.com</a>

### 13.2 Reimbursement Options

Claims reimbursements will be made by:

- Electronic Direct Deposit for the Plan Participant where the receiving bank is located in the U.S.,
- Wire Transfer for the Plan participant's and overseas Providers where the receiving bank is located outside of the U.S., or
- Check sent to the Plan participant or Provider where electronic payment is not possible.

### 13.3 Settlement of Claims

When claims are presented to the Insurer, the Allowable Charges will be applied towards the Deductible. Once the Deductible has been satisfied, all Allowable Charges will be paid at the percentage listed on the Schedule of Benefits, up to the listed benefit maximum. Note the amount of Allowable Charges applied towards the Deductible also reduces the applicable benefit maximum by the same amount.

If the Plan has an Out-of-Pocket Maximum, once it is met the Plan will begin paying 100% of Allowable Charges for the remainder of insurance coverage, subject to the benefit maximums. The Out-of-Pocket Maximum does not apply to any expenses covered under the Prescription Medications benefit.

### 13.4 Status of Claims

Plan Participant's wishing to request the status of a claim or have a question about a reimbursement received, please submit the status request form via our website at [www.gbg.com](http://www.gbg.com) or e-mail customer service at [customerservice@gbg.com](mailto:customerservice@gbg.com). Inquiries regarding the status of past claims must be received within 12 months of the date of service to be considered for review.

### 13.5 Releasing Necessary Information

It may be necessary for the Insurer to request a complete medical file on a Plan Participant for purpose of claims

review or administration of the plan. It may also be necessary to share such information with a medical or utilization review board, or a reinsurer. The release of such confidential medial information will only be with written consent of the Plan Participant.

### 13.6 Coordination of Benefits

It is the duty of the Plan Participant to inform the Insurer of all other coverage. In no event will more than 100% of the Allowable Charge and/or maximum benefit for the covered services be paid or reimbursed. If a Plan Participant has coverage under another insurance contract, including but not limited to health insurance, worker's compensation insurance, automobile insurance (whether direct or third party), occupational disease coverage, and a service received is covered by such contracts, benefits will be reduced under this plan to avoid duplication of benefits available under the other contract.

### 13.7 Subrogation

When the plan pays for expenses that were either the result of the alleged negligence, or which arise out of any claim or cause of action which may accrue against any third party responsible for Injury or death to the Plan Participant by reason of their eligibility for benefits under the plan, the plan has a right to equitable restitution.

## 14.0 COMPLAINTS PROCEDURE

GBG is committed to providing Insured's with an exceptional level of service and customer care. Sometimes things can go wrong or there may be occasions when the service provided to you was not adequate. When this happens, please contact GBG and give us the opportunity to correct the situation and earn back your trust.

### Who to Contact

The most important factors in getting your complaint dealt with as quickly and efficiently as possible are:

- Be sure you are talking to the right person; and
- That you are providing the necessary information.

### When You Contact Us

Please provide the following information:

- Your name, telephone number, and email address;
- Your policy and/or claim number and the Plan of benefits (medical, travel, disability) you are insured for; and
- Please explain clearly and concisely the reason for your complaint.

### Step One: Making a Complaint

If your complaint relates to:

- 1. The sale of the Plan you purchased or any information you were given during the sales process;**
  - a. If you purchased the Plan using a broker or other intermediary, please contact them first.
  - b. If you purchased the Plan directly from GBG either from a local representative, using the website, or through a group Plan of benefits, please contact us directly at:

Toll Free	Phone	Email
+1.866.914.5333 (within the U.S. and Canada)	+1.905.669.4920 (outside the U.S. and Canada)	<a href="mailto:customerservice@gbg.com">customerservice@gbg.com</a>

- 2. A claim for benefits, the terms and conditions of the Plan, or other benefit related information;**

- a. Complaints related to a claim denial should be submitted as soon as possible. GBG will review the information and provide a response within four weeks or will request additional time, if needed.
- b. Claims and benefits related complaints should be referred to the Complaints Department at GBG directly at:

Address	Toll Free	Phone	Email
Complaints Department- Global Benefits Group. 27422 Portola Parkway, Suite 110 Foothill Ranch, CA 92610 USA	+1.877.916.792 0 (within the U.S. and Canada)	+1.949.916.7941 (outside the U.S. and Canada)	customerservice@gbg.co m

### Step Two: Alternative Contact details

GBG Insurance Limited is licensed and regulated by the Guernsey Financial Services Commission under the Insurance Business (Bailiwick of Guernsey) Law, 2002. If you are dissatisfied, alternatively you may forward all information to:

Complaints Department-GBG Insurance Limited  
P.O. Box 68, Albert House  
South Esplanade, St Peter Port  
Guernsey GY1 3BY

**Email:** [gbg-complaints@bwcigroup.com](mailto:gbg-complaints@bwcigroup.com)

We always aim to resolve your complaint and provide a final response within four weeks, but if it looks like it will take us longer than this, we will let you know the reasons for the delay and regularly keep you up to date with our progress.

### Step Three: Beyond Your Insurer

If we can't respond fully to your complaint within three months after you contact us, or you are unhappy with our final response, you can refer your complaint to the Channel Islands Ombudsman (CIFO).

**You must contact CIFO about your complaint within six months of the date of our final response to your complaint or CIFO may not be able to review your complaint. You must also contact CIFO within six years of the event complained about or (if later) two years of when you could reasonably have been expected to become aware that you had a reason to complain.**

**You may contact the CIFO at:**

Address	Email	Guernsey local phone
Channel Islands Financial Ombudsman P.O. Box 114 Jersey, Channel Islands JE4 9QG	<a href="mailto:complaints@ci-fo.org">complaints@ci-fo.org</a>	01481 722218
	<b>Website</b> <a href="http://www.ci-fo.org">www.ci-fo.org</a>	<b>International phone</b> +44 1534 748610

## 15.0 NOTICE OF PRIVACY PRACTICES

This notice describes how personal information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

The confidentiality of your personal information is of paramount concern to us. We maintain records of the services we cover (claims), and we also maintain information about you that we have used for enrolment processing. We use these records to administer your policy benefits and coverage; we may also use these records to ensure appropriate quality of services provided to you and to enhance the overall quality of our services, and to meet our legal obligations. We consider this information, and the records we maintain, to be protected personal information. We are required by law to maintain the privacy of personal information and to provide our insureds with notice of our legal duties and privacy practices with respect to personal information. This notice describes how we may use and disclose your personal information. It also describes your rights and our legal obligations with respect to your personal information.

References to “we,” “us,” or “our” in this document refer to the insurance company which issued your coverage, GBG Insurance Limited, or any of its subsidiaries or affiliates (collectively, the GBG Group). A list of these companies can be found on our full privacy policy that is available at: <https://www.gbg.com/#/AboutGBG/PrivacyPolicy>. Alternatively, a hard copy is available on request.

### How We May Use or Disclose Your Personal Information

We collect and process your personal information as necessary for performance under your insurance policy or complying with our legal obligations, or otherwise in our legitimate interests in managing our business and providing our products and services. These activities may include:

1. Use of sensitive information about the health or vulnerability of you, or others involved in your assistance guarantees, in order to provide the services described in your insurance policy;
2. Disclosure of personal information about you and your insurance cover to companies within the GBG group of companies, to our service Providers and agents in order to administer and service your insurance cover, for fraud prevention, to collect payments, and otherwise as required or permitted by applicable law;
3. Monitoring and/or recording of your telephone calls in relation to coverage for the purposes of record-keeping, training and quality control;
4. Technical studies to analyze claims and premiums, adapt pricing, support subscription processes and consolidate financial reporting (including regulatory); detailed analyses on claims/calls to better monitor Providers and operations; analyses of customer satisfaction and construction of customer segments to better adapt products to market needs;
5. Obtaining and storing any relevant and appropriate supporting evidence for your claim, for the purpose of providing services under your insurance policy and validating your claims; and
6. Sending feedback requests or surveys relating to our services, and other customer care communications.

These activities are carried out within the UK and European Economic Area (EEA), and outside the EEA. The data protection laws and/or the agreements we have entered into with the receiving parties in relation to the processing of data outside the EEA provide a similar level of protection to the laws and/or agreements we have entered into within the EEA.

You are entitled, on request, to a copy of the personal information we hold about you, and you have other rights in relation to how we use your data (as set out in our website privacy policy). Please let us know if you think any information we hold about you is inaccurate, so that we may correct it.

If you have any questions about this Notice of Privacy Practices or our use of your personal information you may contact the Data Protection Officer. Contact details are below:

<p><b><u>For GBG Insurance Limited</u></b> The Data Protection Officer:</p> <p><b>GBG Insurance Limited</b> P.O. Box 68, Albert House South Esplanade, St Peter Port Guernsey, GY1 3BY</p> <p>Email address: <a href="mailto:dataprotection@gbg.com">dataprotection@gbg.com</a></p>	<p><b><u>For Global Benefits Europe B.V.</u></b> The Data Protection Officer:</p> <p><b>Global Benefits Europe B.V.</b> Penningkruid 20, 3984 BK Odijk Netherlands</p> <p>Email address: <a href="mailto:dataprotection@gbg.com">dataprotection@gbg.com</a></p>
<p><b><u>For Global Benefits Group</u></b> The Data Protection Officer:</p> <p><b>Global Benefits Group</b> 27422 Portola Parkway, Suite 110 Foothill Ranch, CA 92610 USA</p> <p>Email address: <a href="mailto:dataprotection@gbg.com">dataprotection@gbg.com</a></p>	<p><b><u>For Global Benefits Group Gesellschaft m.b.</u></b> The Data Protection Officer:</p> <p><b>Global Benefits Group Gesellschaft m.b.H.</b> Fillgradergasse 7/8, 1060, Vienna, Austria</p> <p>Email address: <a href="mailto:dataprotection@gbg.com">dataprotection@gbg.com</a></p>
<p><b><u>For Global Benefits Group (UK) Limited</u></b> The Data Protection Officer:</p> <p><b>Global Benefits Group (UK) Limited</b> Suite 102, 7th Floor Spice Building 8 Devonshire Square, London, EC2M 4PL United Kingdom</p> <p>Email address: <a href="mailto:dataprotection@gbg.com">dataprotection@gbg.com</a></p>	<p><b><u>All other GBG Group companies</u></b> To contact the Data Protection Officer for any the other companies in the GBG Group, please email <a href="mailto:dataprotection@gbg.com">dataprotection@gbg.com</a></p>

## 16.0 EXCLUSIONS AND LIMITATIONS

All services and benefits described below are excluded from coverage or limited under your Plan of Insurance.

- 1. Alcohol and Substance Abuse:** Treatment of any Illness or Injury arising directly or indirectly from alcohol or illegal substance abuse or addiction, or any medications or medicines that are not taken in the dosage or for the purpose prescribed.
- 2. Alternative Care:** Treatment including but not limited to acupuncture, acupressure, homeopathy, and Chinese herbs.
- 3. Breast Reduction:** All services and treatments.

- 4. Charges in Excess of Usual, Customary, and Reasonable:** Any portion of any charge in excess of UCR for the particular service or treatment for the specific geographical area.
- 5. Charges Incurred before the Effective Date and After the Expiration Date:** Claims and costs for medical treatment occurring before the Effective Date of coverage (including waiting periods) or after the expiration date of the plan are not covered. This includes any portion of a covered prescription to be used after the expiration of the current plan year.
- 6. Charges Reimbursable by Another Entity:** Services, supplies, or treatment that are provided by or payment is available from:
  - a. Workers' Compensation law, Occupational Disease law or similar law concerning job related conditions of any country; or;
  - b. Another insurance company or government; or
  - c. A government entity due to an epidemic or public emergency.
- 7. Consultations:** Telephone, E-mail, and internet consultations, and telemedicine, missed appointments, and after hours expenses, and charges made by a provider who is a member of your family or your dependent's family.
- 8. Cosmetic and Elective Surgery for Non-Medical Reasons:** Treatments, procedures or medications which are primarily for enhancement, improvement, or altering one's appearance, unless required due to a non-occupational Injury occurring while insured under this plan. Medical complications arising from such treatments or procedures are also not covered.
- 9. Counselling and Testing Services:** Non-medical counselling services including but not limited to marriage and family counselling, educational counseling, aptitude testing, educational testing and services.
- 10. Dental Care:**

General diagnostic examinations, cleaning, basic restoration, periodontal treatments, oral surgery, crowns, bridges, endodontic, extraction of wisdom teeth, orthodontic and all other preventive, palliative, basic, or major dental services.

  - a. Dental Services at a hospital, including general anesthesia are not covered under the medical plan.
  - b. Inlays, dentures, or false teeth and replacement of lost or stolen crowns, bridges, or dentures
  - c. Implants and all related services
  - d. Temporomandibular Joint Disorders (TMJ) or Malocclusion Temporomandibular Joint Disorders and Mouth guards for teeth grinding.
- 11. Emergency Room:** Expenses related to non-emergency use.
- 12. Exceptional Risks:** Treatment related to:
  - a. Injury sustained while participating in hazardous or extreme sports and activities, intramural, club sports, professional sports, interscholastic, and intercollegiate activities.
  - b. Injury sustained while participating in, or training for, (declared or not) or acts of terrorism;
  - c. Chemical contamination;
  - d. The malicious use of Nuclear, Chemical, or Biological Weapons or warfare;
  - e. Contamination by radioactivity from any nuclear material or from the combustion of nuclear fuel.

- 13. Experimental or Off-Label Services:** Services, supplies or treatments, including medications, which are deemed to be experimental or investigational or that is not medically recognized for a specific diagnosis.
- 14. Fertility/Infertility Treatments and Birth Control:** Any services, procedure or treatment including medications used to:
- Treat infertility including in-vitro fertilization, gamete intrafallopian transfer (GIFT), zygote intrafallopian transfer (ZIFT), and any variations of these procedures, and any costs associated with the preparation or storage of sperm for artificial insemination.
  - All expenses related to the use of a surrogate mother are also excluded.
  - Vasectomies and sterilization, and any expenses for male or female reversal of sterilization.
  - Contraceptive devices including the insertion or removal of such devices. Oral Contraceptives are not covered under this plan.
- 15. Genetic Screening:** Counseling, screening, testing, or treatment in the absence of any symptoms or any significant, proven risk factors for genetically linked inheritable disease.
- 16. Growth Hormones:** Treatment related to the aging process, increasing athletic ability, and treatment for medical conditions not generally accepted by the medical community or demonstrated medical efficacy. Generally accepted therapeutic uses of growth hormones are covered for medical conditions covered by this Plan.
- 17. Hair Treatment:** Treatment for alopecia or hair loss including but not limited to hairplasty, hair transplants or any other procedure to stimulate hair growth; the temporary removal of hair by laser; electrolysis; waxing; or any other means.
- 18. Hearing Care:** Routine examination, hearing aids or devices, and the surgical implantation of, or removal of bone anchored hearing devices.
- 19. Hospice Care:** Palliative and supportive services to terminally ill Plan Participant's and their families.
- 20. Home Health Care:** Home nursing services, assistance with the Activities of Daily Living (ADL), and other home health care related services, unless the direct result of an Accident occurring while Plan Participant under this Plan.
- 21. Hernia:** Treatment of a hernia, including sports hernia whether or not caused by a covered Accident.
- 22. Home Country Expenses:** All medical charges incurred in the Plan Participant's Home Country.
- 23. Illegal Activities:** Injuries and Illnesses resulting or arising from or occurring during the commission or perpetration of a violation of law.
- 24. Maternity:**
- Pregnancy and related conditions for:
- A dependent child, except for complications,
  - Maternity or delivery preparation classes,
  - Elective Caesarean section,
  - Elective abortions
  - Care or treatment for an individual acting as a surrogate.

**25. Medical Examinations or Certificates:** Any examination, immunization, or tests necessary for the issuance of medical certificates or determining employment, or suitability for school, sport related activities, or travel or determining insurability.

**26. Non-Covered Treatments:** Treatment of any Illness or Injury, or charges relating to such that is:

Not ordered or recommended by a Physician; or

- a. Not Medically Necessary; or
- b. Not rendered under the scope of the Physician's licensing; or
- c. Not professionally recognized or is determined by Insurer to be unnecessary for proper treatment.
- d. Enrolling solely for the purpose of obtaining medical treatment, while on a waitlist for a specific treatment, or while traveling against the advice of a Physician.

**27. Non-Medical Care**

- a. Services related to custodial care, respite care, home-like care, assistance with activities of daily living (ADL), or Milieu Therapy. Any admission to a nursing home, home for the aged, long term care facility, sanitarium, spa, hydro clinic, or similar facilities. Any admission, arranged wholly or partly for domestic reasons, where the hospital effectively becomes or could be treated as the Plan Participant's home or permanent abode.

**28. Organ Transplant:** Organ transplant and related procedures and associated expenses for the recipient or donor.

**29. Over-the-Counter and Non-Prescription Medications:** Over the counter medications or non-prescribed medications or medical devices, even if recommended by a Physician, including but not limited to the following:

- a. Tobacco dependency
- b. Weight reduction or appetite suppressant,
- c. Cosmetic medications, even if ordered for non-cosmetic purposes
- d. Acne and rosacea medications and treatment (including hormones and Retin-A), except for cystic and pustular acne,
- e. Vitamins, supplements, or herbs.

**30. Personal Comfort and Convenience Items:** Expense for items that are provided solely for personal comfort or convenience such as television, private rooms, housekeeping services, guest meals and accommodations, special diets, telephone charges, and take home supplies.

**31. Podiatric Care:** Routine foot care, including the paring and removing of corns, calluses, or other lesions, or trimming of nails or other such services. Orthopedic shoes or other supportive devices such as; arch supports, orthotic devices, or any other preventative services or supplies to treat the diagnosis of weak, strained, or flat feet or fallen arches.

**32. Power Vehicles:** Expenses for Accidents and Injuries as a result of Motorcycles, Mopeds, Scooters, ATV's any two or three wheeled motorized vehicle and or sport watercraft such as wave runners, jet skis or other powered devices whether the vehicle is in motion or not.

- 33. Preventive Care/Wellness:** Annual exams, immunizations, routine and screening test, and other diagnostic procedures in the absence of an Illness or Injury.
- 34. Prosthetics:** High performance prosthetic devices for sports or improvement of athletic performance, and power enhancement or power controlled devices, nerve stimulators, and other such enhancements to prosthetic devices. Limbs and other devices intended to replace the functionality of the body part being replaced and the repair and replacement of such devices are not covered.
- 35. Sanctions:** Notwithstanding any other terms under this plan, we shall not provide coverage nor will we make any payments or provide any service or benefit to any Plan Participant, beneficiary, or third party who may have any rights under this plan to the extent that such cover, payment, service, benefit, or any business or activity of the Plan Participant would violate any applicable trade or economic sanctions law or regulation.
- 36. Skin Conditions:** Acne, rosacea, skin tags, and any other treatment to enhance the appearance of the skin, except for cystic or pustular acne.
- 37. Sleep Studies:** Sleep studies and other treatments relating to sleep apnea.
- 38. Smoking Cessation:** Treatments and other expenses, whether or not recommended by a Physician..
- 39. Sexual Dysfunction:** Any procedures, supplies, or medications used to treat male or female sexual enhancement or sexual dysfunction such as erectile dysfunction, premature ejaculation, and other similar conditions.
- 40. Transsexual Surgery:** Medical or psychological counseling, hormonal therapy in preparation for, or subsequent to, any such surgery, surgical procedures, and any other expenses related to sexual reassignment including the complications arising from such procedures.
- 41. Trips:** Specifically made for the purpose of obtaining medical treatment
- 42. Vision Care:** Services and supplies related to:
- a. Visual therapy, or eye surgery to correct refractive error or deficiencies, including myopia or presbyopia,
  - b. Eye examinations, frames, lenses, or contact lenses
  - c. Optional lens coating for anti-glare, anti-scratch, or UV sun protection and sunglasses and related accessories.
  - d. Other devices to assist with impaired vision.
- 43. Weight Related Treatment:** Any expense, service, or treatment for obesity, weight control, any form of food supplement, weight reduction programs, dietary counseling, or surgical procedures related to morbid or non-morbid obesity. Charges relating to complications arising from such treatments or surgical procedures are also excluded.

## 17.0 DEFINITIONS

Certain words and phrases used in this plan are defined below. Other words and phrases may be defined where they are used.

**Accident:** Any sudden and unforeseen event occurring during the insurance coverage year period, resulting in bodily Injury, the cause or one of the causes of which is external to the Plan Participant's own body and occurs beyond the Plan Participant's control.

**Activities of Daily Living (ADL):** Activities of daily living are those activities normally associated with the day-to-day fundamentals of personal self-care, including but not limited to: walking, personal hygiene, sleeping, toilet/continence, dressing, cooking/feeding, medication, and getting in and out of bed.

**Acute Care:** Medically Necessary, short-term care for an Illness or Injury, characterized by rapid onset, severe symptoms, and brief duration, including any intense symptoms, such as severe pain.

**Admission:** The period from the time that a Plan Participant's enters a Hospital, Extended Care Facility or other approved health care facility as an inpatient until discharge.

**Air Ambulance:** An aircraft specially equipped with the necessary medical personnel, supplies and Hospital equipment to treat life-threatening Illnesses and/or Injuries for Plan Participant's whose conditions cannot be treated locally and must be transported by air to the nearest medical center that can adequately treat their conditions. This service requires Pre-Authorization. A commercial passenger airplane does not qualify as an air ambulance.

**Allowable Charge:** The fee or price the Insurer determines to be the Usual, Customary and Reasonable Charges for health care services provided to Plan Participants. The Plan Participant is responsible for the payment of any balance over the Allowable Charge (except in the U.S. when a Preferred Provider has delivered the service, then there is no balance due). All services must be Medically Necessary. Once an allowable charge is established then the Deductible, Coinsurance, Copayments and any excess charges must be paid by the Plan Participant.

**Ambulatory Surgical Center:** A facility which (a) has as its primary purpose to provide elective surgical care; and (b) admits and discharges a patient within the same working day; and (c) is not part of a Hospital. Ambulatory Surgical Center: does not include: (1) any facility whose primary purpose is the termination of pregnancy; (2) an office maintained by a Physician for the practice of medicine; or (3) an office maintained by a Dentist for the practice of Dentistry.

**Certificate:** The document provided to the Plan Participant that includes the Schedule of Benefits and the terms of the Master Policy issued to the Trust.

**Coinsurance:** The percentage amount of the Allowable Charges that the Plan Participant and the Insurer will share after the Deductible and Copayment is met.

**Complications of Pregnancy:** A condition:

- Caused by pregnancy, and
- Requiring medical treatment prior to, or subsequent to termination of pregnancy, and
- The diagnosis of which is distinct for pregnancy, and
- Which constitutes a classifiably distinct complication of pregnancy.

A condition simply associated with the management of a difficult pregnancy is not considered a complication of pregnancy.

**Copayment:** A fixed dollar amount that may be applied per office visit each time medical services are received. Ancillary services such as laboratory and radiology service (i.e. blood tests, x-rays) that may be in conjunction with an office visit do not require a separate Copayment. Copayments do not apply to the Deductible or to the Out-of-Pocket Maximum.

**Confinement:** Inpatient stay at an approved extended care facility for necessary skilled treatment or rehabilitation in accordance with the contract.

**Congenital Condition:** Any heredity condition, birth defect, physical anomaly and/or any other deviation from normal development present at birth, which may or may not be apparent at that time. These deviations, either physical or mental, include but are not limited to, genetic and non-genetic factors or inborn errors of metabolism.

**Cosmetic Surgery:** Surgery or therapy performed to improve or alter appearance for self-esteem or to treat psychological symptomatology or psychosocial complaints related to one's appearance.

**Custodial Care:** Includes: (1) the provision of room and board, nursing care, or such other care which is provided to an individual who is mentally or physically disabled and who, as determined by the individual's attending Physician, has reached the maximum level of recovery; and (2) in the case of an institutionalized person, room and board, nursing care or such other care which is provided to an individual for whom it cannot reasonably be expected that medical or surgical treatment will enable him to live outside an institution; and (3) rest cures, respite care and home care provided by family Insureds. Upon receipt and review of a claim, the Insurer or an independent medical review will determine if a service or treatment is Custodial Care.

**Deductible:** The amounts of covered Allowable Charges payable by the Plan Participant during each Period of Insurance before the Plan benefits are applied. Such amount will not be reimbursed under the Plan. The Deductible is not considered part of the Out-Of-Pocket Maximum.

**Dependent:** Refers to a member of the Plan Participant's family who is enrolled under the Plan with the Insurer after meeting all the eligibility requirements and for whom premiums have been received.

**Durable Medical Equipment:** Orthopedic braces, artificial devices replacing body parts and other equipment customarily and generally useful to a person only during an Illness or Injury and determined by Insurer on a case by case basis to be Medically Necessary including motorized wheelchairs and beds. See DME Section for more details and services that are not consider eligible benefits.

**Effective Date:** The date upon which the Plan Participant's coverage will commence under this Plan.

**Eligibility:** The requirements that a Plan Participant, including the primary Plan Participant and dependents must meet at all times in order to be covered under this Plan.

**Emergency Dental Treatment:** Emergency dental treatment is urgent treatment necessary to restore or replace sound natural teeth damaged as a result of an accident. Sound teeth do not include teeth with previous crowns, fillings, or cracks. Damage to teeth caused by chewing foods does not qualify for emergency dental coverage.

**Experimental and/or Investigational:** Any treatment, procedure, technology, facility, equipment, medication, medication usage, device, or supplies not recognized as accepted medical practice by Insurer.

**GBG Assist:** The customer service division of the Insurer. They provide, 24/7 assistance service to answer any customer needs around the world, including emergency evacuation, benefit coordination, locating a network Provider, and Pre-Authorization of medical services.

**HIV:** Acquired Immune Deficiency Syndrome (AIDS) and all diseases caused by and/or related to the HIV Virus.

**Home Country:** The country from which the Plan Participant holds a passport. In the event that a citizen of the United States holds more than one passport, the United States shall be deemed the Home Country.

**Home Health Care Agency:** An agency or organization, or subdivision thereof, that; a) is primarily engaged in providing skilled nursing services and other therapeutic services in the Plan Participant's home; b) is duly licensed, if required, by the appropriate licensing facility; c) has policies established by a professional group associated with the agency or organization, including at least one Physician and one registered graduate nurse (R.N.), to govern the services provided; d) provides for full-time supervision of such services by a Physician or by a Registered Nurse (R.N.); e) maintains a complete medical record on each patient; and f) has a full-time administrator.

**Home Health Care Plan:** A program: 1) for the care and treatment of a Plan Participant in his home; 2) established and approved in writing by his attending Physician; and 3) Certified, by the attending Physician, as required for the proper treatment of the Injury or Illness, in place of inpatient treatment in a Hospital or in an Extended care Facility.

**Hospice:** An agency which provides a coordinated Plan of home and inpatient care to a terminally ill person and which meets all of the following tests: 1) has obtained any required state or governmental license or Certificate of Need; 2) provides service 24-hours-a-day, 7 days a week; 3) is under the direct supervision of a Physician; 4) has a nurse coordinator who is a Registered Nurse (R.N.) or a Licensed Practical Nurse (L.P.N.); 5) has a duly licensed social service coordinator; 6) has as its primary purpose the provision of Hospice services; 7) has a full-time administrator; and 8) maintains written records of services provided to the patient.

**Hospital:** Includes only acute care facilities licensed or approved by the appropriate regulatory agency as a hospital, and whose services are under the supervision of, or rendered by a staff of Physicians who are duly licensed to practice medicine, and which continuously provides twenty-four (24) hour a day nursing service under the direction or supervision of registered professional nurses. The term Hospital does not include nursing homes, rest home, health resorts, and homes for the aged, infirmaries or establishments for domiciliary care, custodial care, care of substance abuse addicts or alcoholics, or similar institutions.

**Illness:** A physical sickness, disease, pregnancy and complications of pregnancy of a Plan Participant. This does not include Mental Illness.

**Injury:** Accidental bodily harm sustained by a Plan Participant that results directly and independently from all other causes from a covered Accident.

**Inpatient:** A Plan Participant admitted to an approved Hospital or other health care facility for a Medically Necessary overnight stay.

**Lifetime Maximum:** Payment of benefits is subject to a lifetime aggregate maximum per individual Plan Participant as indicated in the Schedule of Benefits, as long as the Plan remains in force. The Lifetime Maximum includes all benefit maximums specified in the Plan, including those specified in the Schedule of Benefits.

**Master Policy:** The agreement between the Insurer and the International Benefit Trust.

**Maximum Benefit:** The payment specified in the Schedule of Benefits, for specific services, which is the maximum amount payable by Insurer per person, regardless of the actual or Allowable Charge. This is after the Plan Participant has met his obligations of Deductible, Coinsurance, Copayments and any other applicable costs.

**Medical Emergency:** A sudden, unexpected, and unforeseen event caused by an Illness or Injury that manifests itself by symptoms of sufficient severity that a prudent layperson would reasonably expect that failure to receive immediate medical attention would place the health of the person in serious jeopardy.

**Medically Necessary:** Those services or supplies which are provided by Hospital, Physician or other approved medical Providers that are required to identify or treat an Illness or Injury and which, as determined by Insurer, are as follows:

- Consistent with the symptom, or diagnosis and treatment of condition, disease or Injury;

- Appropriate with regard to standards of accepted professional practice;
- Not solely for the Plan Participant's convenience, the Physician's convenience or any other Provider's convenience, and
- The most appropriate supply or level of service, which can be provided. When applied to an inpatient, it further means that the medical symptoms or condition require that the services or supplies cannot be safely provided as an outpatient;
- Is not a part of or associated with the scholastic education or vocational training of the patient;
- Is not Experimental or Investigative.

**Nurse:** A person licensed as a Registered Nurse, (R.N.) or Licensed Practical Nurse, (L.P.N.) by the appropriate licensing authority in the areas which he or she practices nursing.

**Outpatient:** Services, supplies or equipment received while not an inpatient in a hospital, or other health care facility, or overnight stay.

**Out-of-Pocket Maximum:** The maximum amount of expenses the Plan Participant will pay for Allowable Charges during the Plan year after the Deductible is met. Once the Plan year Coinsurance maximum is reached, the Insurer shall pay 100% of eligible Covered Expenses for the remainder of the Plan year.

**Period of Insurance:** The start and end date for which insurance coverage is in effect as shown on the Face Page.

**Physician:** Any person who is duly licensed and meets all of the laws, regulations, and requirements of the jurisdiction in which he practices medicine, osteopathy or podiatry and who is acting within the scope of that license. This term does not include; (1) an intern; or (2) a person in training.

**Plan:** The agreement between the Insurer and the Policyholder. The Plan includes the Master Policy, the Certificate, the Schedule of Benefits, and the application.

**Plan Participant:** A person eligible for coverage as identified in the application form, a Non-United States Citizen traveling outside their Home Country and has his true, fixed and permanent home and principal establishment outside of the United States and holds a current and valid passport, and for whom proper Premium payment has been made when due.

**Pre-Authorization:** A process by which a Plan Participant obtains written approval for certain medical procedures or treatments from the Insurer prior to the commencement of the proposed medical treatment. Certain medical procedures will require the Pre-Authorization process to be followed in order for the service to be covered and to maximize the benefits under this Plan.

**Pre-Existing Condition:** Any Illness or Injury, physical or mental condition, for which a Plan Participant received any diagnosis, medical advice or treatment, or had taken any prescribed medication, or where distinct symptoms were evident prior to the Effective Date.

**Preferred Allowance:** Refers to the amount an In-Network Provider will accept as payment in full for covered medical expenses.

**Preferred Provider Organization (PPO):** Refers to a participating Provider, such as Hospital, clinic or Physician that has entered into an agreement to provide health services to Plan Participants.

**Premium(s):** The consideration owed by the Plan Participant to the Insurer in order to secure benefits under this Plan.

**Prescription Medications:** Prescription medications which are prescribed by a Physician and which would not be available without such prescription. Certain treatments and medications, such as vitamins, herbs, aspirin, cold remedies, medicines, experimental or Investigative medication, or medical supplies even when recommended by a Physician, do not qualify as prescription medication.

**Professional Sports:** Activities in which the participants receive payment for participation.

**Provider:** The organization or person performing or supplying treatment, services, supplies or medications.

**Rehabilitation:** Therapeutic services designed to improve a patient's medical condition within a predetermined time period through establishing a maintenance program designed to maintain the patient's current condition, prevent it from deteriorating and assist in recovery.

**Repatriation or Local Burial:** This is the expense of preparation and the air transportation of the mortal remains of the Plan Participant from the place of death to their Home Country, or the preparation and local burial of the mortal remains of a Plan Participant who dies outside their Home Country. This benefit is excluded where death occurs in their Home Country.

**Schedule of Benefits:** The summary description of the benefits, payment levels and maximum benefits, provided under this Plan.

**School Year:** The 12-month period when the educational institution begins classes, usually starting in late summer and may conduct classes on a quarterly, semester, or other regularly scheduled basis.

**Subrogation:** Circumstances under which the Insurer may recover expenses for a claim paid out when another party should have been responsible for paying all, or a portion of that claim.

**Terrorism:** Terrorist activity means an act, or acts, of any person, or groups of persons, committed for political, religious, ideological or similar purposes with the intention to influence any government and/or to put the public, or any section of the public, in fear. Terrorist activity can include, but not be limited to, the actual use of force or violence and/or the threat of such use. Furthermore, the perpetrators of terrorist activity can either be acting alone, or on behalf of, or in connection with any organization or government.

**Usual, Customary and Reasonable Charge:** The lower of: 1) the Provider's usual charge for furnishing the treatment, service or supply; or 2) the charge determined by the Insurer to be the general rate charged by the others who render or furnish such treatments, services or supplies to persons: 1) who reside in the same geographical area; and 2) whose Injury or Illness is comparable in nature and severity.

The Usual, Customary, and Reasonable charge for a treatment, service or supply that is unusual, or not often provided in the area, or that is provided by only a small number of Providers in the area, will be determined by the Insurer. The Insurer will consider such factors as: 1) complexity; 2) degree of skill needed; 3) type of specialist required; 4) range of services or supplies provided by a facility; and 5) the prevailing charge in other areas.

**Waiting Period:** The period of time beginning with the Plan Participant's Effective Date, during which limited, or no benefits are available for particular services. After satisfaction of the Waiting Period, benefits for those services become available in accordance with this Plan.

## 18.0 SUBSCRIPTION AGREEMENT

I hereby apply to be a Plan Participant of the International Benefit Trust established in the Cayman Islands (the "Trust") and to participate in the insurance coverage extended by GBG Insurance Limited (the "Insurer") to Plan Participants under the Trust (the "Coverage"). I understand that the Coverage is not a general health insurance product, but is intended for use in the event of a sudden and unexpected event while traveling outside my Home Country (for purposes of this Agreement, Home Country means the country from which the Plan Participant holds a passport. In the event that a citizen of the United States holds more than one passport, the United States shall be deemed the Home Country). I understand that the Coverage extended to me will terminate upon my return to my Home Country unless I qualify for a benefit period or Home Country coverage. I understand that I may obtain full details of the Coverage by requesting a copy of the master policy from Global Benefits Group (the "Plan Manager"). I understand that the liability of the Insurer as underwriter of the Coverage is as provided in the master policy.

By acceptance of Coverage and/or submission of any claim for benefits, the Plan Participant ratifies the authority of the undersigned to so act and bind the Plan Participant.

The Plan Participant undertakes to make all premium payments as they fall due in respect of the Coverage extended. ITA Global Trust Ltd (the "Trustee") shall not be responsible for the administration of such payments.

If the Plan Participant fails to make any premium payment due in respect of the Coverage extended, subject to the discretion of the Insurer, such Coverage will lapse.

The Plan Participant hereby confirms the accuracy of all information and validity of all representations and warranties provided to the Trustee in connection with its participation in the plan and/or the subscription for the insurance coverage, howsoever provided, including the terms of this Subscription Agreement, (together "Representations & Warranties"). The Plan Participant acknowledges that certain of such information will be relied upon by the Insurer as provider of the Coverage and that any inaccuracy therein may result in the invalidity of such Coverage as it relates to the Plan Participant, the loss of Coverage and all monies paid in relation thereto. The Plan Participant hereby undertakes to inform the Trustee of any change to any matter that forms the subject of any of the Representations & Warranties. The Plan Participant hereby undertakes to indemnify and hold harmless the Trustee against any loss or damage (including attorney's fees) occasioned by any inaccuracy in any Representations & Warranties or failure to advise the Trustee of any change in any matter that forms the subject of any of the Representations & Warranties. The Plan Participant agrees that the Trustee shall be entitled to rely on and to act in accordance with any written instruction purported to be provided by the Plan Participant and the Plan Participant hereby undertakes to indemnify and hold harmless the Trustee against any loss or damage (including attorney's fees) occasioned by the Trustee acting in accordance with any such instruction.

Payments under the terms of the Coverage shall be paid by the Insurer to the Plan Participant or directly to a provider if assignment of benefits has been authorized. The Trustee shall not be responsible for the administration of such payments.

I confirm that I have satisfied myself that the Coverage is appropriate for me and that I meet the eligibility criteria.

## 19.0 APPENDIX OF SPORTS AND OTHER ACTIVITIES

<b>Covered Sports and other Activities</b> The following sports and activities are covered provided the Plan Participant meets the Eligibility Criteria and participates in these sports as part of a sanctioned school activity.	<b>Excluded Hazardous and Extreme Sports and Activities</b>
Abseiling	American Football
Aerobics	BMX cycling
Archery	Base Jumping
Athletics	Boxing
Badminton	Bungee Jumping
Baseball	Canoeing/Kayaking (white water)
Basketball	Canyoning
Bowls	Caving / Cave Diving
Calisthenics	Cheerleading
Camel/Elephant Riding / Trekking	Cross channel swimming
Canoeing/Kayaking (inland/coastal)	Gaelic Football (non-competitive)
Clay pigeon shooting	Gliding
Cricket	Hang Gliding
Cross country running	Heptathlon
Gymnastics	High Diving
Cycling	Horse Jumping
Curling	Horse Racing
Dry skiing	Hunting-on-horseback
Fencing	Ice Hockey
Fell running	Kite surfing/Landboarding/Buggy
Field Hockey	Lacrosse
Fishing (Fresh water and deep sea)	Martial Arts (Competition)
Flying as a passenger (private/small aircraft)	Martial Arts (Training only)
Go Karting (recreational use)	Microlighting
Golf	Motor Racing (all types)
Ice Hockey – School only.	Motorcycling (any)
Handball	Mountain Boarding
Heptathlon	Mountaineering
Horse riding (no Polo, Hunting, Jumping or Dressage)	Mountain Biking
Hot Air Ballooning	Orienteering
Hurling	Parachuting
Jet Boating	Parasailing
Jet Skiing	Parascending (over land)

Jogging	Parascending (over water)
Kickball	Parkour
Lacrosse	Point-to-point
Netball	Polo
Paintballing	Potholing
Roller Blading (Line Skating / Skate boarding)	Professional Sports
Roller Hockey/Street Hockey	Quad Biking
Rounder's	Rambling
Rowing (inland/coastal)	Rock Climbing
Rugby – Touch Only	Rock Scrambling
Running, Sprint / Long Distance	Rugby - Contact
Safari (organized - no guns)	Sandboarding
Sailboarding	Scuba Diving (greater than 15 meters)
Sand Yachting	Shark feeding/cage diving
Scuba Diving (max depth 15 meters)	Sky Diving
Skate boarding	Snorkeling
Soccer	Spelunking
Squash	Steeple chasing
Surfing (must be part of a school credit course)	Snow Skiing/Snowboarding
Tennis	Tombstoning
Trekking/Hiking (under 3,500 meters altitude)	Trekking/Hiking (over 3,500 meters altitude)
Triathlon	Water Skiing
Volleyball	Windsurfing
Wake Boarding	White/Black Water Rafting (Grade 4 to 6)
Water Polo	Weight-Lifting
Wrestling	Yachting (crewing) - outside territorial waters
White/Black Water Rafting (Grade 1 to 3)	Yachting (racing)
Yachting (crewing) - inside territorial waters	Zorbing/Hydrozorbing
Any sport not listed that does not require a high degree of risk or training will be evaluated at the Insurer's discretion.	Any sport not listed that requires an increased skill set and a higher level of training to safely participate, that if not properly executed could result in substantial Injury or death, will be evaluated at the Insurer's discretion.

